



# **RELOCATION, DEPLOYMENT & MOBILIZATION**

## **1. Relocation Services**

Newcomers' Orientation provides a group setting to welcome those new to the Fort Monmouth Community. Representatives from various installation organizations are available to provide information. Orientation is given twice a year, usually in the spring and fall, at Lane Hall, Building 702.

Relocation assistance can be provided on an individual or group basis and is available to both inbound and outbound, with the primary focus on pre-departure assistance and relocation planning. Individuals preparing for their first permanent change of station (PCS) move or first overseas PCS will be targeted for assistance.

Military HOMEFRONT provides special tools to help you have a successful trip. Get information by visiting this site @ [www.militaryhomefront.dod.mil/](http://www.militaryhomefront.dod.mil/) Go to: Plan My Move. Also visit "Military Installation" to get all information pertaining to the Ft. Monmouth surrounding area.

The Lending Closet provides basic housekeeping items for temporary loan to incoming and outgoing families. Items can be borrowed for other cases determined appropriate. Items in the lending closet include kitchen equipment, dishes and utensils, high chairs, child care seats, play pens, cribs, ironing boards and irons, cots, linens, etc.

## **2. Deployment**

Hearts Apart offers support for waiting Families by linking Family members and children with other Families who are left behind due to the sponsor's mission requirements. Topics of discussion are open to the needs of the group. The group is open to all family members of deployed or TDY soldiers and DA civilians.

Hearts Apart is designed to assist Family members make separations more bearable during prolonged separations. When a Soldier leaves on a deployment or an unaccompanied tour of duty, the ACS staff works with command to obtain accurate contact information for the Family.

## **3. Sponsorship**

A program designed to integrate incoming Soldiers and their Families into the military unit and community. ACS provides training, support materials and assistance to the sponsor. Sponsorship is given as a 1 hour class and on an individual basis.

## **Relocation Readiness and Deployment Trainings**

The following Relocation Readiness and Deployment Readiness workshops are offered through Army Community Service.

### **Sponsorship Training (1 hour)**

The workshop provides an overview on how to sponsor incoming Soldiers effectively, to ensure a smooth transition into the unit. This workshop is given on an as needed basis.

### **Plan My Move/Overseas Moves (1 hour)**

The workshop will provide resources and information about preparing for PCS moves which may ease the moving process. It will also provide facts on overseas moves and hints on dealing with some of the challenges that can come along with them.

### **Unit Rear Detachment (1 hour)**

The workshop will cover rear detachment, and the primary interface with the installation. It will show how to provide a working team to help reintegrate the unit as smoothly as possible, before, during and after deployment.

### **Family Readiness Group Overview (1 hour)**

A Family Readiness Group helps can provide Soldiers with the confidence that Family members will receive reliable and friendly support when the soldier is away. This workshop is for those who already have a Family Readiness Group, want to start one, or even belong to one.

### **Pre-Deployment Briefing/Coping with Separation (1 hour)**

The workshop assists deploying Soldiers with preparing themselves and their Families for deployment. Also provides information on dealing with the separation that comes along with deployments.

### **for Soldier's and Families (1 hour)**

Will your loved one be returning soon? Maybe your loved one has already returned and you are in the trying time of reunion. Help make the adjustments easier by considering expectations, role changes, and budget changes. Tips will be given on how to make reunions a joyful time. The briefing will help restore the sense of belonging and control.

### **Children and Separation (1 hour)**

When a parent serves in the military, the children also serve. You can learn ways to help children survive extended separations and deal with the tension and feelings of loneliness that might come along with it. This workshop will provide information and resources that will aid children in dealing with these difficult feelings.

Also offered is the following support group:

### **Hearts Apart (1 hour)**

Support for Family Members who share a common experience related to the absence of their military or civilian loved ones, whether due to deployments or assignments that can take them away from home.

All workshops are available on a one on one or group basis. Family Connections meets the third Friday of every month at Army Community Service. If interested in any of the available workshops, please contact Army Community Service at (732)532-2077 or [MONM-USAGACS@conus.army.mil](mailto:MONM-USAGACS@conus.army.mil) to set up a date and time.