

MENU - Summer 1

Week of 31 May, 5 July, 9 August 2010
Fort Monmouth Child Development Center



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Raisin Bran *Cheerios Diced Pears Milk	Croissant w/ butter Melon Milk	French toast sticks w/ syrup Fruit cocktail *Mandarin oranges Milk	Kix Diced Peaches Milk	Pancakes w/ syrup Diced pears Milk
Lunch	Beef tacos Tortilla Lettuce & tomato * Green Beans Tropical fruit salad *Diced peaches and pears Milk	BBQ chicken *Diced chicken Pasta w/ broccoli Peaches *Diced peaches Milk	Beef-Turkey Loaf Rice Pinto Beans Fresh pears *Diced pears Milk	Cheese ravioli w/ mozzarella cheese Spinach Applesauce Milk	Chicken nuggets Oven baked fries Watermelon Biscuits Milk
Snack	Corn muffins Milk	Tortilla chips Salsa *Graham crackers Apple juice	Cinnamon toast Grape juice	Animal crackers Milk	Cheese fish crackers Fruit juice

* Infant/Pretoddler substitution. Meats are diced or shaved; fruits are chopped or canned.

MENU - Summer 2

Week of 7 June, 12 July, 16 August 2010
Fort Monmouth Child Development Center

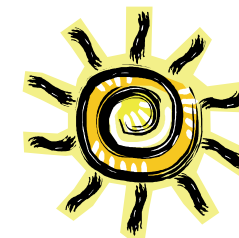


	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Life Cereal *Cherrios Bananas Milk	Pancakes w/ syrup Fresh Strawberries Milk	White toast w/ butter Melon Milk	Rice Krispies Diced Peaches Milk	Bagel Cream cheese Orange Wedges *Mandarin oranges Milk
Lunch	BBQ pork ribette Rice Peas Crushed pineapple Milk	Three cheese ziti Tossed salad *Green beans Mandarin oranges Milk	Crunchy chicken fries Macaroni w/ butter Peas & carrots Crushed pineapple Milk	French toast Scrambled eggs Hash browns Melon Milk	Grilled cheese sandwich Cooked carrots Grapes *Diced peaches Milk
Snack	Cinnamon streusel cake Milk	Lorna Doones Grape juice	Yogurt Mixed fruit juice	Animal Crackers Milk	Pop Tarts Apple Juice

* Infant/Pretoddler substitution. Meats are diced or shaved; fruits are chopped or canned.

MENU - Summer 3

Week of 14 June, 19 July, 23 August 2010
Fort Monmouth Child Development Center



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix Bananas Milk	Wheat toast w/ butter Melon Milk	Waffles sticks w/ syrup Diced peaches Milk	Cherrios Diced Peaches Milk	Raisin bread Cream cheese Orange Wedges *Mandarin oranges Milk
Lunch	Hamburger on bun Oven baked fries Grapes *Diced pears Milk	Macaroni & Cheese Broccoli Mandarin oranges- Milk	Herb chicken *Diced chicken Biscuits Mixed vegetables Nectarines *Melon Milk	Spaghetti w/ ground turkey Tossed salad *Green beans Fruit cocktail *Mixed fruit Milk	Baked fish fillet Rice Peas & carrots Fresh peaches Milk
Snack	Soft Pretzel w/ mustard Mixed fruit juice	Homemade oatmeal cookies Milk	Rice Krispie treats *Cinnamon toast Grape juice	Elf Grahams Milk	Ritz crackers & Cheese cubes Fruit juice

* Infant/Pretoddler substitution. Meats are diced or shaved; fruits are chopped or canned.

MENU - Summer 4

Week of 22 June, 27 July, 31 Aug 2010
Fort Monmouth Child Development Center

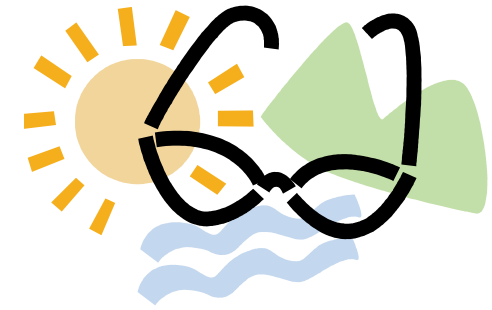


	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Rice Krispies Diced Peaches Milk	French toast Syrup Diced pears Milk	Croissant/Jelly Melon Milk	Life Cereal *Cherrios Diced peaches Milk	English muffins w/ butter Orange wedges * Mandarin oranges Milk
Lunch	Pizza muffins Tossed salad w/ Italian dressing *Peas & carrots Mandarin oranges Milk	Chicken tacos w/ cheese Lettuce & tomatoes Taco shells *Soft tortilla *Green beans Melon Milk	Salisbury steak Bread sticks Peas & carrots Nectarines *Diced peaches Milk	Chicken nuggets Oven baked fries Watermelon Biscuits Milk	Sliced turkey & cheese Hoagie roll Corn on the cob * Peas Fresh peaches * Diced peaches Milk
Snack	Vanilla wafers Milk	Celery and carrot sticks with ranch dressing Grape juice	Cheese Nips Milk	String cheese Grape juice	Mini rice cakes *Animal crackers Fruit juice

* Infant/Pretoddler substitution. Meats are diced or shaved; fruits are chopped or canned.

MENU - Summer 5

Week of 28 June, 2 August 2010
Fort Monmouth Child Development Center



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix cereal Bananas Milk	Biscuits w/ butter Melon slices Milk	Waffle sticks/syrup Strawberries Milk	Raisin Bran *Cherrios Mixed fruit Milk	Cherrios Mandarin oranges Milk
Lunch	Cheese quiche in pie crust Chopped spinach Fruit cocktail *Mixed fruit Milk	Chicken tenders Oven baked fries Dinner roll Watermelon Milk	Beef-a-roni Green beans Grapes *Diced peaches Milk	Diced chicken w/ fettuccine noodles in Alfredo sauce Baby Carrots Melon Milk	Tuna fish salad Watermelon Saltines Broccoli Milk
Snack	Teddy Grahams Milk	Mini bagels Cream cheese Grape juice	Pretzel sticks w/ Cheese sauce Fruit juice	Blueberry muffin Milk	Yogurt Apple Juice

* Infant/Pretoddler substitution. Meats are diced or shaved; fruits are chopped or canned.